

Rafael Gosalbez, M.D., FAAP  
Andrew Labbie, M.D., FAAP  
Kristin Kozakowski, M.D.  
Miguel Castellán, M.D.

Email:

rafaelgosalbez@hotmail.com  
andrew.labbie@mch.com  
kristin.kozakowski@mch.com  
miguel.castell@gmail.com

Kevin Olson, PA-C  
Rigoberto Acosta, PA-C  
Juddie M. Munar, ARNP  
Natalie Hunter, ARNP

Email:

kevin.olson@mch.com  
rigoberto.acosta@mch.com  
arnp.juddiemunar@yahoo.com  
arnp.nataliehunter@gmail.com

## Orchiopexy Post-Operative Instructions

### Definition:

Undescended testicle repair (orchiopexy) is a surgery to correct testicles that have not dropped down into the correct position in the scrotum.

### After the Procedure:

After hospital discharge, a pain medication prescription (usually acetaminophen with codeine) will be provided, and is to be given to the patient for 1-2 days as necessary. After this period, regular acetaminophen could be used for discomfort instead of acetaminophen with codeine as the latter may cause constipation.





A possible effect of anesthesia is facial flushing, which may last from a few hours to a day. It will resolve on its own. Constipation caused by anesthesia may last 2-3 days. You may use over-the-counter glycerin suppositories and/or prune/pear juice to treat constipation. Some fever, although unusual, may occur during the first 24 hours.

## Surgical site care

Steri-strips are small bandaids used for the closure of the incisions. These steri-strips will fall off within 2-3 weeks as the patient takes regular showers. It is not necessary to remove the steri-strips. In some cases, a plastic button is attached to the scrotum to hold the testicle in place. This button usually falls off within 2 weeks after surgery. If it has not fallen off by the first post-operative appointment, it will be removed at that time.

Absorbable sutures are used for incision closure. Therefore, there are no stitches to be removed. Sponge baths are recommended for the first 2 days to prevent wound infection. Avoid any immersion in water during this period. Two days after the procedure, the patient may take regular showers.

### **Things to expect after the procedure:**

-  Mild swelling around the incision
-  Minimal bruising
-  A non-tender, firm mass *beneath the incision*
-  A non-tender, firm testicle

### **Activity restrictions are as follows:**

Avoid extraneous activities/sports that include straddling (i.e. bicycling, horse back riding, martial arts, football, etc.) until the first follow-up visit. Your practitioner will inform you of the restrictions thereafter.

### **Contact MD immediately if there is:**

- Bleeding (quarter size or more) from the incision sites.
- Severe pain
- Fever above 101°F, 24 hours after surgery

