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## Hypospadias Post-Operative Instructions

*After the Procedure:*

Upon hospital discharge, your child will be provided with a prescription for pain medication (usually acetaminophen with codeine), which should be administered for up to 2 days postoperatively. After, you may start administering regular acetaminophen as the acetaminophen with codeine may cause constipation. Also, a prescription for antibiotics and a bladder antispasmodic (oxybutinin/Ditropan) will be provided.

A possible effect of anesthesia is facial flushing, which may last from a few hours to a day. It will resolve on its own. Constipation caused by anesthesia may last up to 2-3 days. You may use over-the-counter glycerin suppositories and/or prune/pear juice to treat constipation. Some fever, although unusual, may occur during the first 24 hours.

### **Surgical site care:**

A large bandage and a small urine catheter will be left in place after the surgery. It is expected that the bandage gets soiled as the days progress, but it is necessary to keep it as dry and clean as possible. In the case of infants/toddlers, using a double diaper is recommended to ensure dryness of the bandage. In addition, small amounts of blood may stain the bandage and are expected. It is very important that the catheter is draining appropriately. Small blood clots that are expelled from the catheter are expected. Ensure that the catheter is not kinked as it may not drain properly. Both the bandage and catheter will be removed at the surgeon's discretion, during your child's post-operative visits. Absorbable sutures are used for incision closure. Therefore, there are no stitches to be removed.

After the catheter is removed, your child may feel discomfort/pain while urinating, causing him to hold his urine. You may sit him in the bath tub in lukewarm water to relieve this discomfort for up to 5 minutes at a time.

Sponge baths are recommended until the bandage is removed, after which, your child may shower/bathe.

### **Activity restrictions are as follows:**

Avoid extraneous activities/sports that include straddling (i.e. bicycling, horse back riding, martial arts, football, etc.) until the first follow-up visit. Your practitioner will inform you of the restrictions thereafter.

### **Contact MD immediately if:**

- You notice active bleeding (large amount of red blood in the bandage)
- The catheter is not draining urine appropriately.

- The catheter is dislodged or the bandage falls off.

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