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HYDROCELE/VARICOCELE/INGUINAL HERNIA REPAIR

After the Procedure:

Upon hospital discharge, your child will be provided with a prescription for pain medication (usually acetaminophen with codeine), which can be given for up to 2 days postoperatively if needed for pain. After that, you can give regular acetaminophen, as the acetaminophen with codeine may cause constipation and decrease appetite.

Facial flushing is a possible effect of anesthesia, which may last for a few hours after surgery. Constipation caused by anesthesia may last up to 2-3 days. Over-the-counter glycerin suppositories and/or prune/pear juice may be used to treat constipation. Fever, although unusual, may occur during the first 24 hours.

Surgical site care:

Absorbable sutures are used to close the incision. Therefore, there are no stitches to be removed. Steri-strips are small bandaids which cover the incisions. They will fall off within 2-3 weeks as the patient takes regular showers. It is not necessary to remove the steri-strips.

Sponge baths are recommended for the first 2 days to prevent the dressing from getting wet. Avoid immersion in water during this period. Two days after the procedure, the patient may bathe normally.

Things to expect after the procedure:

-  Mild swelling around the incision
-  Minimal bruising
-  A non-tender, firm mass beneath the incision

Activity restrictions are as follows:

Avoid extraneous activities/sports which involve straddling (e.g. bicycling, horseback riding), martial arts, football, etc., until the first follow-up visit. We will inform you of the restrictions thereafter.

Contact us immediately if there is:

- Bleeding (quarter size or more) from the incision sites
 - Severe pain
- Fever greater than 101° F, 24 hours after the procedure

